

## COMPOSITION COMPRISING A FAT PHASE, VEGETABLE MATTER AND SALT

### Field of the invention

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The present invention relates to edible compositions containing a fat phase and vegetable matter, such as onions, garlic, carrots, peppers, herbs, or mixtures thereof.

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### Background of the invention

Vegetable matter such as onions, garlic, carrots, peppers, herbs and mixtures thereof are used in many different dishes to provide flavour, either fresh/raw or in (freshly) fried form. Unfortunately, such fresh products are not always available, and dried or deep frozen vegetable preparations are used. These preparations offer inferior quality, and solutions have been proposed to overcome this.

20 For example, in US 4,572,836 edible sterilised herb compositions are disclosed, in which the herbs are presented in the form of a puree or paste of the (otherwise fresh) herbs in oil. Oil is present in 25-50%, herbs in amounts of 40-65%, and the compositions further contain

25 salt, preservative and acid.

With respect to onions, frying diced or sliced onions form usually the start of the preparation of many dishes, e.g. by frying or simmering, prior to mixing in e.g. meat, other

30 vegetables, stock, thickeners or mixtures thereof. This requires the need for cutting or chopping onions, which can

be perceived as burdensome and a nasty task due to the aromas liberated. The same applies for other members of the botanical genus of Allium, such as garlic. Hence, there is a need for compositions that provide onions (or other  
5 members of the genus Allium) that are already cut in slices or chopped in dices, and preferably, the onions should have an appearance close to freshly cut or chopped onions (i.e. preferably not fully dried, pre-fried or frozen).

Furthermore, it is preferred that the product is ambient  
10 stable. As solution to this, formulations have been marketed that contain chopped, fresh (or nearly fresh) onions in admixture with oil or fat, and some of the compositions do further contain preservatives and/or salt. Salt may act as preservative and/or flavour enhancing  
15 agent. Such compositions are easy in use, as the oil (in which onions are usually fried) is already present in the composition, and simply dosing the oil/onion mix in the frying pan is sufficient to start preparing the dish by frying or simmering.

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Although the solutions that have been developed and are discussed above solve some of the problems involved, drawbacks are still present. This is in particular the case for formulations containing large amounts of onions.  
25 Freshly cut or chopped onions contain considerable amounts of water; part of which is released when such chopped onions are stored, e.g. in oil or fat. This appears in particular when next to onions and oil also salt is present. The first few percent of water will remain not or  
30 hardly visible, but if more water is released a layer of water may separate, which is unattractive. This is the same

to a variable degree for other vegetable matter (that may be used in stead of or next to the onions) as well, such as garlic, carrots and peppers.

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#### Summary of the invention

Hence, there is a need for a composition that provides vegetable matter such as onions, garlic, carrots, peppers,  
10 herbs, or mixtures thereof in oil or fat, preferably in admixture with salt, which compositions show limited or no phase separation during several weeks or months upon storage.

15 It has now been found that the above may be achieved (at least in part) by a process for preparing an edible composition comprising vegetable matter, a fat phase and salt, which process comprises the following steps:

- cutting vegetable matter into slices, dices or other  
20 particulate form,
  - adding part or all of the salt optionally followed by mixing,
  - remove (part of) the water from the vegetable particles/salt mixture,
  - 25 - mixing the so-obtained salted vegetable matter with the fat phase,
- and wherein the amount of water removed is 0.1-60% (wt) based on the vegetable particles/salt mixture, prior to water removal.

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In the above, the water liberated from the cut/sliced/diced vegetable matter which is subsequently removed is not true water, but an aqueous liquid containing salt, cellular contents of the vegetable matter, cell debris and other matter. For the purpose of this invention this is referred to as 'water'.

In such process, the water is preferably removed using centrifugation.

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A process according to this invention may yield an edible composition comprising (wt %):

- fat phase: 10 -60%
- partly dehydrated vegetable matter 35 -85%
- 15 - salt 0.05-40%

wherein the fat phase comprises 20%wt of solid fat, wherein the vegetable matter comprises at least 50% wt of plants from the botanical genus of Allium and wherein said composition shows water separation of less than 5%, preferably less than 3% (vol/vol) water when stored for 6 weeks under ambient conditions.

#### Detailed description of the invention

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For enhanced physical stability of the composition according to the invention, the oil or fat used may contain 0.1-20% (based on the total amount of oil or fat present) of fat solid at room temperature, preferably hardstock fat crystals such as RP70 or RPh70. More preferably this amount is 1-10%. The fat phase may further contain other

components in small amounts, like lecithin 0.01-3% as anti-spatter agent.

The vegetable matter comprises at least 50% by weight of 5 onions or other member of the botanical genus *Allium*, such as garlic, leek, shallots, chives, mixtures thereof, etcetera.

The amount of salt in the compositions according to the 10 invention is preferably 0.05-30% (wt), more preferably 2-25% (wt) or less than 20% (wt). The amount of fat phase is preferably 20-40% (wt). The amount of vegetable matter is preferably 50-75% (wt). Usually, the salt will be ordinary kitchen salt (ie. NaCl), although other matter normally 15 used in kitchen salt such as iodine and iodine compounds may be present as well. Also, part of the salt may be another salt than NaCl, such as KCl.

The compositions according to the invention preferably have 20 a closed, ambient stable shelf life of at least 6 weeks.

For compositions according to the invention which are used in relatively small amounts (e.g. one or a few spoonfulls) as part of an entire dish for 4 persons, the amount of 25 total salt in the total composition according to the invention may be high (as the salt is "diluted" by the remainder of the dinner), which is to the benefit of microbial stability.

30 However, depending upon local culture, habit and taste the composition according to the invention may also be used in

larger amounts, e.g. 300 g for a dinner for 4 persons. In such a case, less salt is desired (e.g. 1-8% wt). This may affect the microbial stability, and may necessitate subjecting the composition according to the invention to  
5 further preservation treatments, such as pasteurisation or sterilisation.

In the process as presently claimed all or part of the water liberated from the vegetable matter may be removed,  
10 but additional measures to avoid the appearance of a water layer may also be taken next to water removal, such as the addition of a water-binding agent (e.g. in an amount of 0.5-3% (wt)). The water-binding agent is preferably a thickener. Most preferred thickeners are gums, starch,  
15 starch derivatives or mixtures thereof. Hydrolysed starches are not preferred starch derivatives according to this invention.

The invention is in particular suitable when the vegetable  
20 matter is present in a particulate form (i.e. particles exceeding in size 1x1x1 mm), or solid mass such as slices, although part of the vegetable matter may be present as puree. The vegetable matter is preferably fresh or in a form that resembles fresh vegetable matter, as opposite to  
25 fully dried or fully cooked vegetable matter. Nevertheless, it may be preferred to have some pre-treatment of the vegetable matter, which may include a blanching operation or removing part of the water content. However, it is preferred that such vegetable matter itself (i.e. inside  
30 vegetable particles) still contains at least 50% (wt) of the water, based on its fresh form.

The composition according to the invention may further comprise one or more of: flavours, preservatives, colorants, acids. Regarding acids, in particular organic acids such as citric acid is preferred to reduce the pH, thereby increasing microbial stability. Preferably the pH is below 5, more preferably below 4.5.

In an alternative method, vegetable matter may be used which is already cut or sliced into particles.

In yet another alternative method, vegetable particles may be utilised in the process according to the invention of which part of the water content is already removed prior to mixing with salt, e.g. the amount of water removed may be 0.1-60% of the fresh weight of the vegetable particles and salt together. As an example, vegetables may be used that are pre-dried to some extent. Preferably, the amount of water that is not removed (i.e. remaining in the vegetable particles) is such that the particles still have a fresh appearance upon usage.

## EXAMPLES

Onions pre-treatment

Fresh onions were diced to an approx. size of 5x5x7 mm, and mixed (for 3 minutes) with salt, citric acid and sodium 5 bisulphite in the following amounts:

Onions dices	79.18
Salt	20
Citric acid	0.8
10 Na Bisulphite	0.02
Total	100.0 %

On standing an aqueous layer was soon formed from the water released by the onion pieces. After 24 hours 25 - 30% on total weight of liquid was removed by centrifugation. At 15 that time equilibrium was present between salt, acid and the like in the liberated free water and in the water present in or adhering to the onion pieces. So-prepared onion particles were used as partly de-hydrated onion pieces in the preparation of compositions 1-3 below, which 20 compositions were suitable as a simmering base or mixture for preparing meals.

Composition 1

Fat base	25
25 - Soy bean oil	94.9%
- RPh 70	5.0 %
- Lecithin	0.1%
Onions, pre-treated as above	60
30 Salt	12
Flavouring ingredients, onion, garlic.	3



Composition 2

Fat base	25
5 - Soy bean oil	94.9%
- RPh 70	5.0 %
- Lecithin	0.1%
Onions, pre-treated as above	60
10 Salt	6
Sugar	6
Flavouring ingredients, onion, garlic.	3

15 Composition 3

Fat base	37
- Soy bean oil	94.9%
- RPh 70	5.0 %
- Lecithin	0.1%
20 Onions pre-treated as above	48
Salt	6
Sugar	6
Flavouring ingredients, onion, garlic	3
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All compositions as prepared above did show less water separation than 5% (vol/vol) when left for storage at ambient conditions for 6 weeks.